

# 2025 Joint Pre-ECTRIMS Course

23 September 2025  
Barcelona, Spain

## SCIENTIFIC PROGRAMME

An educational programme by



European  
Charcot  
Foundation



Med-Ex Learning  
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# Overview

The Pre-ECTRIMS course is an annual event aimed at providing an update on the main novelties of the year in the field of MS. The 2025 edition will particularly focus on new evidence on immunopathogenetic mechanisms, imaging, and fluid biomarkers that possibly differentiate relapsing-remitting and progressive Multiple Sclerosis. Moreover, the mechanisms of action of upcoming treatments for MS will be discussed in relation to this new evidence. The 'controversies' session will cover the main 'hot topics' that are currently debated, including MS prodromes, progression independent from relapses (PIRA) as a new clinical outcome, the impact of machine learning on the improvement of MS prediction, and new evidence on late onset MS (LOMS). Since 2020, Med-Ex Learning has been providing this course in collaboration with the European Charcot Foundation, and we plan to continue this tradition in 2025 and in the future.

## Target Audience

The 2025 Joint Pre-ECTRIMS Workshop is designed for neurologists and other healthcare professionals with specific interest in Multiple Sclerosis.

## Learning Objectives

- Describing the role of new immunological players in MS development and the mechanism of action of new immunomodulating drugs
- Addressing new treatment challenges in special populations and conditions (pregnancy, elderly...)
- Understanding how to classify disease courses and estimate prognosis in relation to new biomarkers of disease progression

## Scientific Organisers

### Hans Peter Hartung

Professor of Neurology  
Department of Neurology  
Heinrich-Heine University  
and  
Department of Conservative Medicine  
Dusseldorf University Hospital  
Co-President of the European Charcot  
Foundation  
Dusseldorf, Germany

### Xavier Montalban

Professor of Neurology  
Neurology Department  
Multiple Sclerosis Centre of Catalonia (Cemcat)  
and  
Vall d'Hebron Barcelona Hospital Campus  
Co-President of the European Charcot  
Foundation  
Barcelona, Spain

## Endorsements

This educational activity has been endorsed by:



## Accreditation



The 2025 Joint pre-ECTRIMS course, Barcelona, Spain 23/09/2025 - 23/09/2025, has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 5.0 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educationactivity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at <https://edhub.ama-assn.org/pages/applications>.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

## Registration

<https://medexlearning.com/product/2025-joint-pre-ectrims-course>

For any info please contact [mariasole.capitani@medexlearning.com](mailto:mariasole.capitani@medexlearning.com).

## Venue

**SB Diagonal Zero Hotel**  
Plaza Llevant, s/n  
08019 Barcelona  
Spain



# Scientific Programme

10.00      Welcome & Opening  
**H.P. Hartung, Germany and X. Montalban, Spain**

## Session 1: Relapsing remitting and progressive MS – One or Two Diseases?

Chair: **H.P. Hartung, Germany**

10.15      L1 - What we know about mechanistic aspects  
**T. Kuhlmann, Germany**

10.35      L2 - Imaging biomarkers  
**A. Rovira, Spain**

10.55      L3 - Body fluid biomarkers  
**J. Kuhle, Switzerland**

11.15      Q&A

11.25      *Coffee break*

11.45      L4 - New diagnostic criteria and revision of the classification of courses  
**A.J. Thompson, UK**

12.05      L5 - Optimization of treatments  
**H.P. Hartung, Germany**

12.25      L6 - Future treatment target and perspectives  
**A. Bar Or, US**

12.45      Q&A

13.00      *Lunch*



## Session 2: Controversies in MS

Chair: X. Montalban. Spain

14.00 L7 - MS prodromes  
**R. Palladino, Italy**

14.20 D - PIRA: inflammation or neurodegeneration?  
**L. Kappos, Switzerland and C. Tur, Spain**

14.50 L8 - Predicting disability: what's the role of artificial intelligence?  
**C. Granziera, Switzerland**

15.10 L9 - Late onset MS: a new clinical entity?  
**M. Tintorè, Spain**

15.30 Q&A

15.40 L10 - Treatment de-escalation: who, when, why?  
**X. Montalban, Spain**

16.00 L11- Pregnancy management in MS: what's new?  
**S. Vukusic, France**

16.20 Q&A

16.30 Wrap up  
**X. Montalban, Spain and H.P. Hartung, Germany**

16.40 End of the day

**Legend**

L: Lecture - D: Debate - Q&A: Questions and Answers

## Notes

**This educational activity is made possible thanks to  
independent educational grants by**

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